



**40th Expeditionary Signal
Battalion**

Command Master Religious Program, Fiscal Year 2016

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Proposed for Approval: **1 September 2015**



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DEPARTMENT OF THE ARMY
HEADQUARTERS, 40th EXPEDITIONARY SIGNAL BATTALION
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REPLY TO
ATTENTION OF

AFFH-SGF

1 September 2015

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Fiscal Year 2016 Command Master Religious Program

1. The Command Master Religious Program (CMRP) is a comprehensive and combat ready religious support program designed to provide for the spiritual fitness of the Soldiers and Family Members within the 40th Expeditionary Signal Battalion. The CMRP is a vital part of our mission; therefore, it must be fully integrated as part of training, operational readiness, deployment and redeployment in support of the Battalion Mission Essential Task List (METL).

2. The CMRP constitutes the planning, management and funding of the Commander's Religious Support (RS) objectives during FY16. The 40th Expeditionary Signal Battalion Unit Ministry Team (UMT) is tasked to produce quality programs that meet the following goals.

a. Goal 1: Provide supplies, programs and services for the RS of Soldiers and Family Members.

b. Goal 2: Sustain and develop Soldiers' spiritual fitness, ethical decision-making and moral leadership skills.

c. Goal 3: Undergo UMT sustainment and developmental training.

3. The point of contact for this memorandum is CH (CPT) Andrew Calvert at andrew.e.-calvert.mil@mail.mil, (C) 254-248-4232 or (W) 520-533-3176.

CORA D. HENRY
LTC, SC
Commanding

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11TH SIG BDE CHAPLAIN

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Battalion**

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Executive Summary



40th Expeditionary Signal Battalion

Goal 1 - Provide supplies and services for the Religious Support of Soldiers and Family Members.

1.1 Ecclesiastical Supplies & Training Materials: The Chaplain must perform or provide religious services in both peacetime and wartime missions in accordance with AR 165-1.

1.2 Counseling (Individual, Couples, and Family): The Chaplain will provide counseling that can direct Soldiers to the proper part of the chain of command and/or helping agency. Many personal issues can be resolved by the Chaplain without tasking the leadership or command.

1.3 Prayer Breakfast: A quarterly prayer breakfast for moral and spiritual edification. These events will provide advice on moral leadership and serve as a program of spiritual development and sustainment.

1.4 Soldier Visitation and Battalion Circulation: An organic and grass-roots way for the Chaplain to get to know the Soldiers of the battalion, to learn about their lives, and build a warm, welcoming rapport.

1.5 Strong Bonds (Couples, Families and Single Soldiers): The goal is for the 40th ESB to participate in four (4) Strong Bonds training events for Fiscal Year 2016 (FY16) pending funding approval from Department of the Army Chaplaincy. The UMT's goal is to host two (2) Strong Bonds for Couples, one (1) Strong Bonds for Families and one (1) Strong Bonds for Singles. Strong Bonds (SB) is a key resiliency program designed to increase Soldier readiness by assisting commanders in building and strengthening the structure of Army Families.

Goal 2 - Sustain and develop Soldiers' spiritual fitness, ethical decision-making, and moral leadership skills.

2.1 Ethics and Spiritual Fitness: Continuous training and application of the Army Values is the only way to develop the desired Army culture. Continual training in suicide prevention and Soldier responsibility is necessary to sustain and develop Soldier morale, spiritual and ethical leadership.

2.2 Applied Suicide Intervention Skills Training (ASIST): The Battalion UMT will provide the two-day, 16-hour suicide intervention training to all Battalion "gatekeepers." Conducting this training, as the certified ASIST instructors, serves as a professional development tool for the UMT.

Goal 3 - Undergo Unit Ministry Team sustainment and developmental training.

3.1 Annual Denominational Training (Chaplain): The Chaplain will attend his annual denominational conference to receive training and to maintain required denominational affiliation, and as such should be considered TDY. The dates and location of the training conference will be determined by the Chaplain's endorser.

3.2 Combat Medical Ministry (Chaplain): Combat Medical Ministry (CMM) course is two weeks of intensive training to prepare the Chaplain for the rigors, wounds, and stress associated with combat and medical environments.

3.3 Real Life Management Training (Chaplain): Real Life Management (RLM) has built a method around helping "LEADERS" learn to make better life choices. RLM is applicable for men and women who are in a position of leadership anywhere in the global society. RLM presupposes that people are struggling with choices in their life concerning their health, finances and relationships and believes that these issues are interrelated and seeks to provide clear communication and prioritization.

3.4 Warrior Leader Course (Religious Affairs Specialist): Warrior Leader Course (WLC) is a primary professional military education course for junior enlisted leaders necessary for career progression.

3.5 Emergency Medical Ministry (Religious Affairs Specialist): Emergency Medical Ministry (EMM) course is two weeks of intensive training to prepare the Religious Affairs Specialist for the rigors, wounds, and stress associated with combat and medical environments.

3.6 Combatives Level 1 (UMT): Modern Army Combatives Program (MACP) is used to train Soldiers and Leaders in close quarters combat in order to instill the Warriors Ethos and prepare Soldiers to close with and defeat the enemy in hand-to-hand combat. It is the goal to have both the Chaplain and the Religious Affairs Specialist to be Level 1 (and if possible Level 2) certified.

3.7 Brigade Chaplain Training (UMT): Brigade Chaplain Training is monthly UMT training, mentorship, and development for the Battalion UMT.

3.8 Installation UMT Training (UMT): Installation UMT Training is monthly UMT training, mentorship, and development for all UMTs across post.

Budget



40th Expeditionary Signal Battalion

Source Funding Summary

The UMT receives funding for Religious Support from three primary sources. The principle source of funding for Religious Support comes through the Unit's appropriated mission funding (UNIT). The expenditures listed under UNIT are projected funding requirements. The secondary source of funding is received through Chapel Tithes and Offerings (CTOF) via the Installation Chaplain's Office. CTOF funding is dependent on offerings gathered from post chapels. The third source of funding comes from the Chief of Chaplains Office in the form of Strong Bonds Funding (SBF).

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.		UNIT†	CTOF††	SBF	Total Funding
1.1	Ecclesiastical Supplies & Training Materials	\$2,000	\$1,200	\$0	\$3,200
1.2	Counseling (Individual, Couple, and Family)	\$1,000	\$0	\$0	\$1,000
1.3	Prayer Breakfast/Luncheon	\$0	\$300	\$0	\$300
1.4	Soldier Visitation and Battalion Circulation	\$0	\$0	\$0	\$0
1.5	Strong Bonds (Couples, Families and Singles)	\$0	\$1,000	\$40,000	\$41,000
Subtotal					\$45,500
Goal 2: Sustain and develop Soldiers' spiritual fitness, ethical decision making, and moral leadership skills.		UNIT†	CTOF††	SBF	Total Funding
2.1	Ethics/Spiritual Fitness Training	\$2,000	\$0	\$0	\$2,000
2.2	Applied Suicide Intervention Skills Training (ASIST)	\$7,400	\$0	\$0	\$7,400
Subtotal					\$9,400
Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT†	CTOF††	SBF	Total Funding
3.1	Annual Denominational Training Chaplain	\$2,500	\$0	\$0	\$2,500
3.2	Combat Medical Ministry Chaplain	\$2,500	\$0	\$0	\$2,500
3.3	Real Life Management Training Chaplain	\$5,700	\$0	\$0	\$5,700
3.4	Warrior Leader Course Religious Affairs Specialist	\$1,200	\$0	\$0	\$1,200
3.5	Emergency Medical Ministry Religious Affairs Specialist	\$2,500	\$0	\$0	\$2,500
3.6	Combatives Level 1 UMT	\$0	\$0	\$0	\$0
3.7	BDE UMT Training UMT	\$0	\$0	\$0	\$0
3.8	Installation UMT Training UMT	\$0	\$0	\$0	\$0
Subtotal					\$14,400
Total Funding for Religious Support to the 40th Expeditionary Signal Battalion		UNIT†	CTOF††	SBF	Grand Total
		\$26,800	\$2,500	\$40,000	\$69,300

† UNIT expenditures for FY16 are projected funding requirements based on previous fiscal year spending.

†† CTOF funding is dependent on offerings gathered from post chapels. Budget total provided by Resource Manager, Fort Huachuca FY16 Garrison CMRP.

Goal 1

Provide supplies, programs, and services for the Religious Support of Soldiers and Family Members.



40th Expeditionary Signal Battalion

1.1 Ecclesiastical Supplies & Training Materials

DESCRIPTION: Ecclesiastical Supplies & Training Materials provide Soldiers and Families opportunities to exercise their Constitutional right to the free exercise of religion. It additionally provides religious materials for spiritual growth. Included would be: chapel services, field services, memorial services/ceremonies, devotions, Bible studies, sacraments, and other religious requirements. Items would be purchased through Chaplain’s supply channels using National Stock Numbers.

JUSTIFICATION: The Chaplain must perform or provide religious services in both peacetime and wartime missions in accordance with (IAW) AR 165-1. This is a statutory program which the commander is required to both implement and fund.

Funding will be utilized to purchase catechetical materials and necessary supplies for performing religious services.

TARGET GROUP: Soldiers, Families, and authorized personnel

IMPACT: The Army Chaplain Corps is organized to provide the most responsive religious support and Chaplain presence at the unit level across the full spectrum of Army operations. Religious support includes providing those aspects of religious education, clergy counsel and reassuring presence, authentic worship, and faith group expression that would otherwise be denied as a practical matter to personnel under the varied circumstances of military contingencies. Religious support operations are continuous, detailed, systematic, relevant, and responsive to the needs of the Army population. The UMT, and especially the Chaplain, provides specialized applications of professional religious skills to support the individual Soldier extending upward throughout the entire command structure and outward to the broadest command audience authorized.

Soldiers and Families supported in the practice of faith demonstrate the values of religious freedom of conscience and spiritual choice. Healthy spiritual practices provide great strength to Soldiers and Families enabling efficacious support of the mission set. Chaplains provide commanders the valuable impact of their core commitment to the soul and spirit of the Army to: Nurture the Living, Care for Wounded, and Honor the Dead across the full spectrum of military operations. Chaplains cooperate with each other without compromising their faith tradition or ecclesiastical endorsement requirements, to ensure the most comprehensive religious support opportunities possible within the unique military environment.

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.		UNIT	CTOF	SBF	Total Funding
1.1	Ecclesiastical Supplies & Training Materials	\$2,000	\$1,200	\$0	\$3,200

1.2 Counseling (Individual, Couple, and Family)

DESCRIPTION: A Soldier’s primary conduit for emotional release and advisement, when the chain of command is perceived as a conflict of interest, is the Chaplain in the arena of counseling. Counseling is also a relationship development skill offered for marriage and pre-marital counseling addressing the spiritual nature and needs with-

in a man and woman's relationship¹. The Command directs the Chaplain to advise and coach Soldiers on a personal level concerning their faith, discipline, and life practices. The privilege of confidential communication with a Chaplain is a right of every individual and an essential component of the Chaplain's ministry. Confidential communication is any communication given to a Chaplain in trust by an individual, to include enemy prisoners of war (EPWs), if such communication is made either as a formal act of religion or as a matter of conscience. It is a communication that is made in confidence to a Chaplain acting as a spiritual advisor or to a Religious Affairs Specialist aiding a spiritual advisor. Also, it is a communication not intended to be disclosed to third party persons in any context, legal or otherwise. The privilege of non-disclosure of confidential information belongs to the individual. The Chaplain's or Religious Affairs Specialist's obligation to maintain confidentiality flows from the person's right to privileged communication.

JUSTIFICATION: Many personal issues can be resolved by the Chaplain without tasking the leadership or command. The Chaplain can direct Soldiers to the proper part of the chain of command and/or help agency. The Chaplain can be a mediator when permission is given in confidential counseling. Through the long-term practice of counseling in a unit, trends can be observed to advise the command of presenting issues – positive and negative. Strong Families, strong marriages, and strong individuals result in battle ready Soldiers.

If a Soldier and a prospective spouse desire the Chaplain to perform the marriage ceremony, premarital counseling is required. Funding will be utilized to purchase counseling aids (e.g. books and pamphlets).

Target Group: General counseling is targeted toward Soldiers, Families, and authorized personnel. Marriage Counseling is targeted at the development of healthy and enduring marital relationships between a Soldier and spouse. Premarital counseling is targeted at the Soldier, who has identified a prospective husband or wife, seeking practical relationship skills for an enduring marriage.

IMPACT: Soldiers, Families, and authorized personnel will be advised and coached on a personal level concerning their faith, discipline, and life practices resulting in personal, spiritual, and moral fortitude with increased morale. Marriage/Premarital counseling provides avenues of developing practical relationship skills resulting in more stable Soldiers with a strong home support structure. This provides resilient Soldiers for the unit's mission.

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.		UNIT	CTOF	SBF	Total Funding
1.2	Counseling (Individual, Couple, and Family)	\$1,000	\$0	\$0	\$1,000

1.3 Prayer Breakfast

DESCRIPTION: A quarterly prayer breakfast will be conducted for moral and spiritual support. These events will provide advice on moral leadership training and serve as a program of spiritual development and sustainment. Moral leadership training is the commander's program for fostering and strengthening the moral leadership climate of the Command. The Chaplain is the Commander's staff officer responsible for conducting the moral leadership program. The commander's staff will participate in planning, resourcing, and coordinating efforts to present the moral leadership instruction in accordance with their primary staff functional responsibility.

JUSTIFICATION: This program fulfills the requirement of conducting spiritual development and sustainment programs; such as Prayer Breakfasts and Spiritual Fitness events. Soldiers have the opportunity to engage the Chaplain and gain awareness of Chaplain ministries on post. They will also experience spiritual unity and fellowship.

Funding for this objective comes from Chapel Tithes and Offerings (CTOF) provided by the Installation Chaplain through the offerings collected in Chapel services. The Brigade Chaplain is the funds manager and approving agent for the use of these funds. However, because of the location of the 40th ESB, the approving authority has been delegated to the Battalion Chaplain.

¹ As a Chaplain endorsed by the Bible Churches Chaplaincy, it violates the tenants of my faith and my understanding of scripture to provide relationship enrichment counseling to same-sex couples. If a same-sex couple seeks support in relationship enrichment, I will refer the couple to either another Chaplain that allows for same-sex relationships, to a Military Family Life Counselor (MFLC), or to Military One Source to secure a counselor off post. Please see CH Calvert for a copy of his endorser's official position.

Target Group: Service Members within the 40th Expeditionary Signal Battalion.

1st QTR	2nd QTR	3rd QTR	4th QTR
Date to be Determined	Date to be Determined	Date to be Determined	Date to be Determined

IMPACT: Many Soldiers who do not attend worship services will attend a prayer breakfast. This is an effective introduction to other ministry events and activities. Such training events also build unity among the Soldiers.

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.	UNIT	CTOF	SBF	Total Funding
1.3 Prayer Breakfast/Luncheon	\$0	\$300	\$0	\$300

1.4 Soldier Visitation and Battalion Circulation

DESCRIPTION: An organic and grass-roots way for the Chaplain to get to know the Soldiers of the battalion, to learn about their lives, and build a warm, welcoming rapport. The greatest amount of *ad-hoc* counseling is accomplished by this objective.

JUSTIFICATION: If trust is not established and Soldiers do not see the Chaplain “out and about,” the likelihood of Soldiers leveraging the Chaplain is greatly diminished.

No funding is required for this objective.

TARGET GROUP: Soldiers, Families, and authorized personnel

IMPACT: The Chaplain will get to know the Soldiers, and the Soldiers will become familiar with the Chaplain bringing God to Soldiers and Soldiers to God.

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.	UNIT	CTOF	SBF	Total Funding
1.4 Soldier Visitation and Battalion Circulation	\$0	\$0	\$0	\$0

1.5 Strong Bonds (Couples, Families and Single Soldiers)

DESCRIPTION: Strong Bonds (SB) is a key resiliency program designed to increase Soldier readiness by assisting commanders in building and strengthening the structure of Army Families. It is a preventative skills-based relationship building program led by Army Chaplains. Twelve hours of Strong Bonds training is required annually for Soldiers and Families to gain the most benefit from participation in the program. The Army Chief of Chaplains is the proponent.

- **Strong Bonds Alpha**

- Four (4) hours of structured training conducted locally in a military or commercial facility. At a minimum, two (2) hours will consist of approved Strong Bonds curriculum; additional time may be needed depending on curriculum training requirements. Units may also conduct up to two (2) hours of discretionary relationship skills training based on unit needs assessment.
- DACH Funding: \$2,000 (15 Couples; 10 Families; 30 Singles)

- **Strong Bonds Bravo**

- Eight (8) hours of training conducted locally in a military or commercial facility. At a minimum, four (4) hours will consist of approved Strong Bonds curriculum; additional time may be needed depending on curriculum training requirements. Units may also conduct up to four (4) hours of discretionary relationship skills training based on unit needs assessment.
- DACH Funding: \$4,000 (15 Couples; 10 Families; 30 Singles)

- **Strong Bonds Charlie**

- Twelve (12) hours of training, conducted overnight in a commercial offsite venue away from the installation,

armory, or reserve center. At a minimum, six (6) hours will consist of approved Strong Bonds curriculum; additional time may be needed depending on curriculum training requirements. Units may also conduct up to six (6) hours of discretionary relationship skills training based on unit needs assessment.

- DACH Funding: \$10,000 (20 Couples; 20 Families; 30 Singles)

It is the Chaplain’s goal for the 40th ESB to participate in four (4) Strong Bonds training events for FY16 pending funding approval from Department of the Army Chaplaincy.

The Battalion’s proposed Strong Bonds Training Schedule is illustrated in the chart below.

40th Expeditionary Signal Battalion			
1st QTR	2nd QTR	3rd QTR	4th QTR
Oct	Jan	Apr	22-24 Jul: Families (Charlie)
Nov	11-14 Feb: Couples (Charlie)	20-22 May: Singles (Charlie)	Aug
Dec	18-20 Mar: Sr. Couples (Charlie)	Jun	Sep

PROGRAM RESOURCING: The authority to expend funds for implementing the Strong Bonds Program is contained in Title 10, United States Code Section 1789 and paragraph 16-6e, AR 165-1. There are two primary sources of funding for Strong Bonds.

- **Local command appropriated funds:** Commanders are authorized and encouraged to utilize locally available funds as needed to support the program. All authorized expenditures (transportation, food, lodging, child care, supplies, fees, and training materials) may be paid utilizing these funds. See Title 10 excerpt below.
- **Strong Bonds funds:** These funds may be available from the Department of the Army Chaplaincy (DACH) for active component units, US Army Reserve Command (USARC) Chaplains Office for reserve component units and the National Guard Bureau Office of the Chaplain for Army National Guard (ARNG) units. All authorized expenditures (transportation, food, lodging, child care, supplies, fees, and training materials) may be paid utilizing these funds.
- **Combining resources:** Combining the above two resources is not authorized per FY15 Strong Bonds Program Guidance – Update 1, 7 May 2015.

REFERENCE: *Army Regulation 165-1, Religious Support Army Chaplain Corps Activities, 23 June 2015.*

Army Regulation 385-10, Safety, The Army Safety Program, 27 November 2013. Army Directive 2014-23 Conduct of Screening and Background Checks for Individuals Who Have Regular Contact With Children in Army Programs, 10 September 2014.

Headquarters, Department of the Army, Office of the Chief of Chaplains Strong Bonds Program Management Guide FY 2015, 1 October 2014.

Memorandum of Instruction – Total Army Fiscal Year 2015 (FY15) Strong Bonds Program Management, Resourcing and Training, 2 July 2014.

FY15 Strong Bonds Program Guidance – Update 1, 7 May 2015

JUSTIFICATION: Strong Bonds is directed to increase Soldier readiness by assisting commanders in building and strengthening the structure of Army Families by the Office of the Chief of Chaplains. Twelve hours of Strong Bonds training is required annually for Soldiers and Family members to gain the most benefit from participation in the program.

Funding for this objective is primarily the Commander’s obligation, but supplementary funds are available through DACH and managed by Strong Bonds Program Managers (Brigade Chaplain).

TARGET GROUP: Service Members and their Families within the 40th Expeditionary Signal Battalion.

IMPACT: The Strong Bonds program strengthens the marital bonds, giving couples the tools and information they need for better communication and relationship building. Strong Bonds additionally teaches single Soldiers to focus on the skills of finding the right partner to build strong and enduring relationships.

**TITLE 10 - ARMED FORCES
 SUBTITLE A - GENERAL MILITARY LAW
 PART II - PERSONNEL
 CHAPTER 88 - MILITARY FAMILY PROGRAMS AND MILITARY CHILD CARE
 SUBCHAPTER I - MILITARY FAMILY PROGRAMS**

Section 1789. Chaplain-led programs: authorized support

(a) Authority. – the Secretary of a military department may provide support services described in section (b) to support Chaplain-led programs to assist members of the armed forces on active duty and their immediate family members, and members of reserve components in an active status and their immediate family members, in building and maintaining a strong family structure.

(b) Authorized Support Services. – the support services referred to in subsection (a) are costs of transportation, food, lodging, child care, supplies, fees, and training materials for members of the armed forces and their family members while participating in programs referred to in that subsection, including participating at retreats and conferences.

(c) Immediate Family Members. – In this section, the term “immediate family members”, with respect to a member of the armed forces, means –

(1) the member’s spouse; and

(2) any child (as defined in section 1072 (6) of this title) of the member who is described in sub paragraph (D) of section 1072 (2) of this title.

Paragraph 16-6e AR 165-1

(e) the Secretary of the Army hereby delegates their authority, as prescribed in 10 USC 1789, to provide support services to build and maintain a strong Family structure among active duty Soldiers and reserve Soldiers in an active status, and their Families, to commanders in the grade of colonel and above. This authority may be delegated to a commander in the grade of lieutenant colonel by the commander between the commanding general and the commanding lieutenant colonel.

Paragraph 16-6f AR 165-1

(f) Commanders may use APF at installation level and mission funds at unit level to provide the support services prescribed in 10 USC 1789 for the commander’s program to build and maintain strong and ready Family structures.

Goal 1: Provide supplies, programs and services for the Religious Support of Soldiers and Family Members.		UNIT	CTOF	SBF	Total Funding
1.5	Strong Bonds (Couples, Families and Singles)	\$0	\$1,000	\$40,000	\$41,000

Goal 2

Sustain and develop Soldiers' spiritual fitness, ethical decision making, and moral leadership skills.



40th Expeditionary Signal Battalion

2.1 Ethics and Spiritual Fitness

DESCRIPTION: As the Army transforms, new force structures will mature. Information and weapons systems will evolve. Soldier support systems will adjust, and the morals, values and spiritual resilience necessary for conducting warfare will continue to demand our devoted attention. Chaplains, in performing their duties, are expected to speak with a prophetic voice and must confront the issues of religious accommodation, the obstruction of free exercise of religion, and moral turpitude in conflict with the Army values. Therefore, the Chaplain has the responsibility to produce plans or programs for advancing the Army values and Soldier or Family resilience. The following programs will meet this criteria.

- Junior Leadership Profession Development (JLPD) is an opportunity to develop Junior NCOs and Lieutenants with cognitive leadership skills, the ability to recognize the weight of ethical choices and to teach the personal value of both the leader and the subordinate.
- Spiritual Fitness Training (bi-annual two-hour block or quarterly one-hour block) addresses the fifth component of Comprehensive Soldier Fitness from a non-sectarian perspective in order to equip leaders to support Spiritual Fitness and to teach leaders to incorporate Army Values and ethics training into ongoing hip-pocket training, leader briefs and safety briefs. Spiritual Fitness Training is a two-hour block of instruction divided into two parts: (1) Legal/Ethics training focused on building character, not just compliance and (2) Dignity and Respect training comparing spiritual fitness to physical fitness as a model for understanding spirituality. **NOTE:** all content will be non-faith group specific and will be applicable to Soldiers with or without a religious perspective.
 - Part 1 briefing will cover the need for internal Army Values as opposed to specific external rules, discuss basic systems of ethics with a focus on Thomas Aquinas and building character and will culminate with an overview of various tools and options for leaders to use in teaching and instilling Army Values.
 - Part 2 briefing will define key terms, discuss components of spiritual fitness and introduce tools and exercises for strengthening spiritual fitness.
- Suicide & Soldier Responsibility Training is a quarterly training event that will allow the Chaplain to provide suicide prevention training and communicate the need of being a battle buddy caring for the well-being of brothers and sisters in arms.

JUSTIFICATION: Continuous training and application of the Army Values will develop the desired Army culture. Continual training in suicide prevention and Soldier responsibility is necessary to sustain and develop Soldier morale and spiritual and ethical leadership.

Funding for this objective will be spent on curriculum, printing and binding costs necessary for program classes.

TARGET GROUP: Service Members within the 40th Expeditionary Signal Battalion.

IMPACT: An Army with a common ethic and moral standard creates a culture with objective right and wrong choices.

Goal 2: Sustain and develop Soldiers' spiritual fitness, ethical decision making, and moral leadership skills.		UNIT	CTOF	SBF	Total Funding
2.1	Ethics and Spiritual Fitness	\$2,000	\$0	\$0	\$2,000

2.2 Applied Suicide Intervention Skills Training

DESCRIPTION: Applied Suicide Intervention Skills Training (ASIST) prepares caregivers to recognize individuals who are at risk and how to intervene to prevent the risk of suicidal thoughts becoming suicidal behaviors. ASIST is an Army G1 approved suicide intervention skills training for the Army. The 2-day workshop is recommended for "gatekeepers."

Gatekeepers are individuals who, in the performance of their assigned duties and responsibilities, provide specific counseling to Soldiers and Civilians in need. Primary gatekeepers include Chaplains, Chaplain Assistants, Army Substance Abuse Program (ASAP) counselors, and others as identified in AR 600-63, Chapter 4-4, j (4), Table 4-1. Secondary gatekeepers, such as military police, DoD school counselors, Red Cross workers, legal assistants, first-line supervisors, etc., are also listed in this table. Gatekeepers should attend the 2-day ASIST training workshop. Prioritization for the training should be given to those who have the highest propensity for interacting with individuals having the highest risk for suicidal behaviors.

The 2-day (16-hour) ASIST workshop prepares individuals to recognize suicide warning signs and provide life-saving intervention skills. LivingWorks "owns" the ASIST curriculum.

The Battalion Chaplain will train and/or coordinate ASIST for Battalion Service Members.

REFERENCE: *AR 600-63 (7 September 2010) - Army Health Promotion - Paragraph 4-4 Leadership Training,*

ALARACT 057-2014 Army Suicide Prevention Program (Annual Guidance on suicide Prevention Training)

JUSTIFICATION: Having two ASIST Instructors within the Battalion provides the greatest ease of training all Battalion "gatekeepers." This is additionally an excellent professional development tool for the UMT.

Unit funding will be required to provide this training capability to the UMT through the purchase of curriculum from Living Works at the cost of \$37 per trainee. Additional funding may be required to certify a Chaplain or Religious Affairs Specialist who has not completed the 5-day ASIST T4T Workshop.

TARGET GROUP: 30% of the Service Members within the 40th ESB focusing on Sergeants, Staff Sergeants and Lieutenants.

IMPACT: Providing ASIST training to those who have the highest propensity for interacting with individuals having the highest risk for suicide behaviors will equip Battalion "gatekeepers" to be the necessary caregivers to meet the needs of today's Army.

Goal 2: Sustain and develop Soldiers' spiritual fitness, ethical decision making, and moral leadership skills.		UNIT	CTOF	SBF	Total Funding
2.2	Applied Suicide Intervention Skills Training (ASIST)	\$7,400	\$0	\$0	\$7,400

Goal 3

Undergo Unit Ministry Team sustainment and developmental training.



40th Expeditionary Signal Battalion

3.1 Annual Denominational Training (Chaplain)

DESCRIPTION: The Chaplain will participate in the annual denominational endorsement training conference.

JUSTIFICATION: The Chaplain will attend the annual conference to receive training and to maintain required denominational affiliation and as such, should be considered TDY. The dates and location of the training conference will be determined by the Chaplain’s endorser (This conference is typically in June of each year).

Funding is required to cover transportation, lodging and per diem.

TARGET GROUP: Battalion Chaplain

IMPACT: This training empowers, trains, and strengthens the Chaplain’s ability to be the spiritual, ethical and moral leader of the Battalion.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.1	Annual Denominational Training Chaplain	\$2,500	\$0	\$0	\$2,500

3.2 Combat Medical Ministry (Chaplain)

DESCRIPTION: Combat Medical Ministry (CMM) course is two weeks of intensive training to prepare UMTs for the rigors, wounds, and stress associated with combat and medical environments. This training runs concurrently with EMM. Training includes approximately 25 hours in a Trauma 1 facility responding to trauma alerts and interacting with Wounded Warriors. Lessons prepare UMT members to address the trauma, crisis, grief, death, spiritual health, and other ministry concerns that arise in a Combat Support Hospital or Combat and Operational Stress Control Detachment and is designed to prepare UMTs for medical ministry associated with deployments.

JUSTIFICATION: CMM fulfills Chaplain Corps training requirements for the Battalion Chaplain and is an essential skill for a Chaplain preparing to deploy in support of a unit’s mission set. Department of Pastoral Ministry Training will determine the date and location of the training.

Funding is required to cover transportation, lodging and per diem.

TARGET GROUP: Battalion Chaplain

IMPACT: CMM will develop the Chaplain to be a greater force multiplier in the unit’s mission capabilities.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.2	Combat Medical Ministry Chaplain	\$2,500	\$0	\$0	\$2,500

3.3 Real Life Management (Chaplain)

DESCRIPTION: Every person must take personal responsibility for their own life choices and their own lifestyle management. Real Life Management (RLM) has built a method around helping “LEADERS” learn to make better life choices. RLM is applicable for men and women who are in a position of leadership anywhere in the global society. RLM presupposes that people are struggling with choices in their life concerning their health, finances and relationships and believes that these issues are interrelated and seeks to provide of clear communication and prioritization. The RLM model using a metaphor of three types of boats (Barges, Tugboats and Sailboats) is called ALTER:

- **A** Acknowledge your own "attitude" and "boat" using the 3-Minute Survey.
- **L** Learn new information about the area(s) in which you need improvement.
- **T** Tactical planning customized for your particular "attitude" and "boat" must be developed.
- **E** Execution of the tactical plan and tracking progress for 90 days is critical.
- **R** Reevaluate, Review, Redesign and Recommit to your lifestyle improvement plan. Leadership

JUSTIFICATION: RLM has become the accepted standard for III Corps Chaplains and is highly utilized across Fort Hood. This license provides a complete Lifestyle Education Program including Communication skills, Personal Financial Management and a Lifestyle Education curriculum. Coaches will have full access to the RLM Web site, use of the 3-Minute Survey and the RLM Business Development and Training System. Coaches have the right to use the RLM content as a part of their personal business, consulting or training. Coaches may also teach other classes developed or approved by RLM. The training course for the RLM Coach license will teach facilitators how to interpret clients' attitudes and immediately communicate with them in a manner that creates the highest degree of trust and credibility. The tools included in the license training give Coaches a unique advantage in their field of expertise. The training will provide the Certified Coach with extensive knowledge and application. The Certified Coach License should be considered by anyone who desires a deep understanding and appreciation of the concepts of lifestyle management.

Funding is required to cover transportation, lodging, per diem and registration fee.

Training for the Certified Coach license is two days and is typically held in the Houston or Dallas, Texas area. Class sizes will typically be 10-25 students.

TARGET GROUP: Battalion Chaplain for coach training and 40th ESB for model application.

IMPACT: RLM Coach licensing is a professional development tool capable of applications in a myriad of Soldier, NCO, and Officer facets. Licensing will provide an additional avenue of rapport with members of the 40th ESB granting a unique opportunity to speak into the lives of battalion members and their Families.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.			UNIT	CTOF	SBF	Total Funding
3.3	Real Life Management Training	Chaplain	\$5,700	\$0	\$0	\$5,700

3.4 Warrior Leader Course (Religious Affairs Specialist)

DESCRIPTION: Warrior Leader Course (WLC) is a primary professional military education course for junior enlisted leaders necessary for career progression.

JUSTIFICATION: WLC is necessary for enlisted career progression.

Funding is required to cover transportation, lodging and per diem.

TARGET GROUP: Religious Affairs Specialist

IMPACT: WLC will develop the Religious Affairs Specialist to be a leader of warriors that the Army requires.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.			UNIT	CTOF	SBF	Total Funding
3.4	Warrior Leader Course	Religious Affairs Specialist	\$1,200	\$0	\$0	\$1,200

3.5 Emergency Medical Ministry (Religious Affairs Specialist)

DESCRIPTION: Emergency Medical Ministry (EMM) course is two weeks of intensive training to prepare UMTs for the rigors, wounds, and stress associated with combat and medical environments. This course runs concurrently with CMM. Training includes approximately 25 hours in a Trauma 1 facility responding to trauma alerts and interacting with Wounded Warriors. Lessons prepare UMT members to address the trauma, crisis, grief, death, spiritual health, and other ministry concerns that arise in a Combat Support Hospital or Combat and Operational

Stress Control Detachment and is designed to prepare UMTs for medical ministry associated with deployments. Chaplain Assistants receive additional instruction in peer care giving and conducting spiritual assessment.

JUSTIFICATION: The EMM course awards the 1M skill identifier to Religious Affairs Specialist and serves as Professional Development. Department of Pastoral Ministry Training will determine the date and location of the training.

Funding is required to cover transportation, lodging and per diem.

TARGET GROUP: Religious Affairs Specialist

IMPACT: CMM will develop the Religious Affairs Specialist to be a greater force multiplier in the unit’s mission capabilities.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.5	Emergency Medical Ministry Religious Affairs Specialist	\$2,500	\$0	\$0	\$2,500

3.6 Combatives Level 1 (UMT)

DESCRIPTION: Modern Army Combatives Program (MACP) is used to train Soldiers and Leaders in close quarters combat in order to instill the Warrior’s Ethos and prepare Soldiers to close with and defeat the enemy in hand to hand combat. It is the goal to have both the Chaplain and Religious Affairs Specialist to be Level 1 (and if possible Level 2) certified.

JUSTIFICATION: Combatives training helps to instill courage and self-confidence. This will allow the Religious Affairs Specialist to become a better and more well-rounded Soldier. The MACP allows the Chaplain to be trained in unarmed combat when he is not allowed to train with firearms.

TARGET GROUP: Unit Ministry Team

IMPACT: A trained UMT helps build the company/battalion numbers and builds physical confidence in the UMT.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.6	Combatives Level 1 UMT	\$0	\$0	\$0	\$0

3.7 Brigade Chaplain Training (UMT)

DESCRIPTION: Brigade Chaplain Training is a monthly UMT training, mentorship, and development for the Battalion UMT. Additional training opportunities may arise at the discretion of the Brigade Chaplain and the agreement of the Battalion Commander. This training/Sync meeting is typically accomplished via teleconference.

JUSTIFICATION: This is professional development necessary for Chaplain Corps maturation.

TARGET GROUP: Unit Ministry Team

IMPACT: Trained and equipped UMT

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.7	Brigade UMT Training UMT	\$0	\$0	\$0	\$0

3.8 Installation UMT Training (UMT)

DESCRIPTION: Installation UMT Training is monthly training, mentorship, and development for all UMTs across post.

JUSTIFICATION: This is professional development necessary for Chaplain Corps maturation.

TARGET GROUP: Unit Ministry Team

IMPACT: Trained and equipped UMT.

Goal 3: Undergo Unit Ministry Team sustainment and developmental training.		UNIT	CTOF	SBF	Total Funding
3.8	Installation UMT Training	UMT	\$0	\$0	\$0